



# 2026 WEVZA VOLLEYBALL COACHING SEMINAR



**12, 13 & 14 JUNE 2026**  
**CENTRO DE TECNIFICACIÓN DEPORTIVA  
DE ALICANTE**



## ORGANIZER



## CONTRIBUTORS



## AIMS

- Develop concepts and models for training aimed at improving the effectiveness of volleyball training.
- Present the basic keys in the methodological development of technique in the elements of the game.
- Analyze training alternatives and coaching intervention guidelines for improving game systems.
- Demonstrate, in a practical way, methods of action to enhance player performance in competition.

## LECTURES

**Stéphane Antiga (FRA)**  
Bogdanka LUK Lublin.

**Nicola Negro (ITA)**  
Chieri'76.

**Michal Winiarski (POL)**  
Aluron CMC Warta Zawiercie.

**Juan Diego García (ESP)**  
Emalsa Gran Canaria.

## PRESENTATION'S STYLE

Practical on court, with team demonstrators.

## LANGUAGE

Each presenter in his own language or English.

Consecutive translation to English, if need.

## SPECIAL CONDITIONS FOR WEVZA NFs

Each WEVZA NF will enjoy a special of fer for **ONE OWN DESIGNATED COACH**  
Free registration and attendance.

Two nights' accommodation full board in 4\* Hotel.  
Invitation to a special Gala Dinner (Saturday evening) joining the Presenters.  
Full video-recorded of all Seminar presentations (6 months delay).

Travel to the venue is at the expense of each participant.  
More participants are welcome under general conditions.

For detailed in formation and support, contact: [formacion@esvoley.es](mailto:formacion@esvoley.es)



# 2026 TIMETABLE

## 12 JUNE First Session

## FRIDAY

- 14:30** Registration and accreditation.
- 15:00** Opening of the Seminar.
- 15:15** "Methodology for improving individual and team defensive technique and tactics."  
Speaker: Stéphane Antiga (FRA).
- 16:15** Break.
- 16:30** "Offense in women's volleyball and the development of game systems."  
Speaker: Nicola Negro (ITA).
- 17:30** "Individual tasks and tactical implications in reception training for liberos and outside hitters."  
Speaker: Michal Winiarski (POL).
- 18:30** End of the first session.
- 19:30** Spain vs. North Macedonia match of the Golden European League.

## 13 JUNE Second Session

## SATURDAY

- 09:00** Presentation of written papers.
- 10:00** "The role of the receiver in block-defense systems and how to execute the subsequent counterattack."  
Speaker: Michal Winiarski (POL).
- 11:00** Break.
- 11:30** "Drills to improve setters in small-group training."  
Speaker: Nicola Negro (ITA).
- 12:30** End of the second session.

### Third Session

- 15:30** "Serve training volume and drills for its improvement."  
Speaker: Juan Diego García (ESP).
- 16:30** "High ball work, variations, and situations to improve team performance in side-out."  
Speaker: Stéphane Antiga (FRA).
- 17:30** End of the third session.
- 18:30** Azerbaijan vs. North Macedonia match of the Golden European League.

## 14 JUNE Fourth Session

## SUNDAY

- 09:00** Presentation of written papers.
- 10:00** "Techniques and decision-making in attack in modern women's volleyball."  
Speaker: Nicola Negro (ITA).
- 11:00** "Scoring games to increase the competitiveness of individual or team drills."  
Speaker: Michal Winiarski (POL).
- 12:00** Break.
- 12:30** "Block-defense work in high-level men's teams."  
Speaker: Stéphane Antiga (FRA).
- 13:30** Closing of the Seminar.

### COMMUNICATIONS

Individuals registered for the Congress may submit written papers (to be presented during the Seminar), whose topic is directly related to the development and/or training of volleyball.

#### Submission guidelines:

Papers must be submitted in Word format, single-spaced, in Arial 12-point font, with 2.5 cm margins on both sides.

#### The document must include:

- Title of the paper, author(s), and date of completion.
- Summary or abstract (maximum 15 lines).
- Keywords.
- Main content of the paper (maximum 5 pages).
- Conclusions (maximum 20 lines).
- Bibliographic references.

The paper must be received by the RFEVB via email at [formacion@esvoley.es](mailto:formacion@esvoley.es) before May 28, 2026.

Papers accepted by the Congress Scientific Committee may be presented during the event, with the author(s) having 15 minutes for the presentation.

The Congress Scientific Committee may award up to two Honorable Mentions to the most outstanding papers.

**STÉPHANE ANTIGA (FRA)**

Current club: Bogdanka LUK Lublin (POL)

**Poland National Team Achievements**

World Championship: Gold in 2014  
World Cup: Bronze in 2015

**Canada National Team Achievements**

World League: Bronze in 2017

**Club Titles: Bogdanka LUK Lublin (POL)**

Polish Cup Champion 2025/26  
Polish Super Cup Champion 2025/26

**Club Titles: Developres Rzeszów (POL)**

Polish League Champion 2024/25  
Polish Cup Champion 2021/22

Polish Super Cup Champion 2021/22 and 2022/24

**Club Titles: Onico Warsaw (POL)**

Polish League Champion 2018/19



**NICOLA NEGRO (ITA)**

Current club: Chieri'76 (ITA)

**Mexico National Team Achievements**

NORCECA: Silver, Final 6 in 2025  
NORCECA: Bronze, Final 6 in 2024  
Pan American Games: Bronze in 2023

**Club Titles: Itambé / Gerdau Minas (BRA)**

South American Champion: 2024, 2022, 2020

Brazilian League Champion: 2024, 2022, 2021

Brazilian Cup Champion: 2023, 2021

Brazilian Super Cup Champion: 2024, 2023

South American Runner-up: 2023, 2021



**MICHAŁ WINIARSKI (POL)**

Current club: Aluron CMC Warta Zawiercie (POL)

**Germany National Team**

Head Coach: 2022–2025  
Paris Olympics: 6th place

**Club Titles: Aluron CMC Warta Zawiercie (POL)**

CEV Champions League: Runner-up 2024/25  
Polish Super Cup: Champion 2024/25  
Polish Cup: Champion 2023/24



**JUAN DIEGO GARCÍA (ESP)**

Current club: CV Emalsa Gran Canaria (ESP)

**Spain National Team**

U-22 Head Coach: 2024 – present  
Assistant Coach, Spain  
Women's National Team: 2010–2012, 2018–2024

**Peru U18 National Team 2013–2015**

3rd place, South American Youth Championship  
3rd place, South American Junior

**Championship Club Titles: Club Voleibol Haris (ESP)**

CEV Challenge Cup Runner-up 2021/22

Superliga Champion 2021/22

Copa de la Reina Champion 2021/22, 2022/23

Super Cup Champion 2022/23

**Club Titles: CV Logroño (ESP)**

Liga Iberdrola Champion 2018/19

Copa de la Reina Champion 2018/19

Super Cup Champion 2018/19

**Club Titles: Club Universidad San Martín de Porres (PER)**

Peruvian League Champion 2013/14, 2014/15, 2015/16, 2017/18

South American Club Championship Runner-up, La Plata 2016

3rd place, South American Club Championship 2015, 2017





**ESOLEY**



**CENTRO DE TECNIFICACIÓN DEPORTIVA DE ALICANTE**  
**C/ FOGUERER RAMÓN GUILABERT S/N 03005 | ALICANTE**

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